



**Asthma**  
Australia

# Could it be asthma?

## Do you ever:

- Get breathless or wheezy?
- Wake up coughing or wheezing?
- Struggle to keep up with your normal activity?

**Ask your pharmacist or doctor  
about a lung health check**

**To find out more about asthma  
contact your local Asthma Foundation:**

**1800 645 130**

**[asthmaaustralia.org.au](http://asthmaaustralia.org.au)**

Translating and Interpreting Service: 131 450